

30.3.20

Morning children,

Well it's the start of the second week and hopefully you have settled into a routine. Even if you don't stick to it, try to have a plan so by the end of the week you can then tick off what you've tried to do!

So the theme if rainbows seemed to go down well- did you see others are also competing! <https://www.bbc.co.uk/newsround/52069773>

Our link is here

<https://www.jennettpark.bracknell-forest.sch.uk/home-and-school-themes/>

Our next theme is animals. So many ideas for this week and I'm sure there will be some highly inventive pieces!

One of my favourite classical pieces is the Carnival of the animals. It's a jolly piece with an imaginary parade of animals coming in one by one. I had great fun as a child drawing pictures and dancing to this. Listen here.

<https://m.youtube.com/watch?v=1L993HNAa8M>

I'm looking forward to seeing your work in our gallery.

A new song challenge whilst we wait to get our choir online. Firstly here is the loveliest find and variation to our first song Stand by Me- try to learn the song with British sign language- <https://m.youtube.com/watch?v=3JpbuiwHe8>

The next new song to learn is a new song it's very, very fast but one of my own families all time favourites. Adults may know it . It's called Yakety Yak by a band called The coasters. To be honest it's what you call an ear worm - once you hear it you can stop hearing it! It needs a smile on your face when you do the silly voices! <https://m.youtube.com/watch?v=-cHB3Rbz1OI>. I'll let you listen and learn the lyrics this week! If you are brave enough send in a video of you singing any of our songs for us to share. Thank you to those who've posted there's in already. Tell us in the email to school@ if you are brave enough for it to go on the website or just to show to the staff to make them smile.

Ear worms are like thoughts too- sometimes you just can't shake them. I said last week that saying hello to your thoughts and naming them can help. Sometimes just saying hello and waving (remember insert silly name here for your thought that won't go away) will be enough to recognise them. Sometimes you have to do something practical to send them away like art/ jogging/ singing/ writing. But if they don't go away it's important to say out loud to someone else that you notice that you are feeling a certain way. I notice I am feeling happy right now writing to you, but I also notice that I'm sad I can't see you. Try it- it's better than saying I am... The person listening can ask you questions and help you to chat. Try it soon.

My next challenge to you this week is a scavenger hunt in the house or about when you go for your daily exercise. Three are attached 1) inside Hunt 2) outside hunt 3) book hunt!

Basic Rules are :

- you have to put back exactly what you find unbroken
- if you normally can't touch it in your house you still can't touch it now. No yelling 'it's for a treasure hunt' whilst you run away with the laptop!
- You can have more than one person find the same object

Rules can be added or amended by grownups or the teams. Remember rules are really important so you don't wind each other up! Please send in your own treasure hunts and we'll start a page if them online once we have enough.

Last one is a superb challenge from Mrs Allen and the nursery team. We are all still connected. Even though we are in our small teams at the moment to stay safe we are still one giant team! Our last challenge is to go outside / face an open window with your family once it's dark and look at the stars. We all see the same stars here in the U.K. Look at them and enjoy knowing others see the same ones too. Our starting time to do this is 8pm. If that's past your bedtime then maybe only do it once a week. Send in your stargazing photos to us at the new school@ email.

Remember to try to live life in all its fullness this week. You have heard of so many people who lived their lives and even flourished under challenging and changed circumstances- try to be one if those people. I'm off to do Joe Wicks' workout!

Keep well and keep safe

Mrs Savage