

## Week 1

WEEK COMMENCING: 22ND APR / 13TH MAY / 10TH JUN / 1ST JUL / 22ND JUL / 16TH SEP / 7TH OCT

### MONDAY

Pork Sausage & Gravy  
with Herby Wedges

V Honey & Ginger Soya Strips

V Nut-free Pesto Pasta

Sweetcorn  
Peas

Fruit Flapjacks

### TUESDAY

BBQ Beef Burrito

V Cheese & Onion Puff

V Jacket Potato & Cheese

Green Beans  
Mixed Salad

Orange Jelly & Mandarins

### WEDNESDAY

Roasted Pork & Gravy  
with Roasted Potatoes

V Macaroni Cheese

V Jacket Potato &  
Baked Beans

Carrots  
Broccoli

Strawberry Frozen Yoghurt

### THURSDAY

Meat Feast Pizza

V Margherita Pizza

V Egg Salad Wrap

Roasted Mediterranean Veg  
Sweetcorn

Pear & Chocolate  
Sponge with Ice-cream

### FRIDAY

Fish Fingers & Chips 

V Cheese & Broccoli Flan

Jacket Potato & Tuna

Peas  
Baked Beans

Pancakes & Mixed Berries

## Week 2

WEEK COMMENCING: 29TH APR / 20TH MAY / 17TH JUN / 8TH JUL / 2ND SEP / 23RD SEP / 14TH OCT

### MONDAY

V Vegetable Chow Mein

V Quorn Sausage in  
half a Baguette

V Jacket Potato & Coleslaw

Mexican Corn  
Green Beans

Peach Upside-down Sponge

### TUESDAY

Beef Pasta Bolognese

V Cheese & Leek Pasty

Tuna Salad

Vegetable Medley

Chocolate Tiffin

### WEDNESDAY

Roasted Chicken Breast &  
Gravy with Roasted Potatoes

V Macaroni Cheese

V Jacket Potato &  
Baked Beans

Carrots  
Broccoli

Strawberry Jelly  
with Peaches

### THURSDAY

BBQ Chicken Pizza

V Margherita Pizza

Salmon & Broccoli  
Penne Pasta  
Sweetcorn  
Cauliflower

Frozen Toffee Yoghurt

### FRIDAY

Fish Fingers & Chips 

V Quorn Paella

V Jacket Potato & Cheese

Peas  
Baked Beans

Vanilla Ice-cream

## Week 3

WEEK COMMENCING: 6TH MAY / 3RD JUN / 24TH JUN / 15TH JUL / 9TH SEP / 30TH SEP / 21ST OCT

### MONDAY

Sausage in half  
a Baguette

V Neapolitan Bean Pasta

V Mexican Rice Wrap

Mexican Sweetcorn  
Peas

Oat Dream Cookie

### TUESDAY

BBQ Chicken with Rice

V Macaroni Cheese

V Jacket Potato & Cheese

Green Beans  
Carrots

Apple & Berry Crumble  
with Custard

### WEDNESDAY

Roasted Gammon  
with Gravy

V Falafel Salad & Pitta

V Cheese & Tomato Melt

White Cabbage  
Mixed Veg Medley

Lemon & Courgette Cake

### THURSDAY

Spicy Beef Pizza

V Margherita Pizza

V Jacket Potato & Beans

Sweetcorn  
Coleslaw

Apple Strudel with  
Vanilla Ice-cream

### FRIDAY

Fish Fingers & Chips 

V Quorn Burger in a Bun

V Chickpea & Vegetable  
Spicy Rice

Peas  
Baked Beans

Chocolate Crispy Cake

## The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.